

Mary C. O'Brien August 2026

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast Pancakes or Cereal and or cheese stick Fruit / Juice / Milk	Breakfast Cinnamon swirl or Cereal and or cheese stick Fruit / Juice / Milk	Breakfast Peanut butter and jelly s/w or Cereal and or cheese stick Fruit / Juice / Milk	Breakfast Cinnamon swirl or Cereal and or cheese stick Fruit / Juice / Milk	Breakfast Waffles or Cereal and or cheese stick Fruit / Juice / Milk
03 Corn dog Carrots / Potatoes Fruit / Juice / Milk	04 Lunch Ranch chicken strips Potatoes / Veggies Fruit / Juice / Milk	05 Lunch Nachos or tacos Beans / Corn Fruit / Juice / Milk	06 Spaghetti / Cookie Broccoli / Green beans / Carrots Fruit / Juice / Milk	07 Lunch Pizza Veggies Fruit / Juice / Milk
10 Lunch Hot dog Carrots / Potatoes Fruit / Juice / Milk	11 Lunch Ranch chicken strips Potatoes / Veggies Fruit / Juice / Milk	12 Lunch Nachos or tacos Beans / Corn Fruit / Juice / Milk	13 Hamburger Potatoes / Corn Fruit / Juice / Milk	14 Lunch Pizza Veggies Fruit / Juice / Milk
17 Corn dog Carrots / Potatoes Fruit / Juice / Milk	18 Lunch Ranch chicken strips Potatoes / Veggies Fruit / Juice / Milk	19 Lunch Nachos or tacos Beans / Corn Fruit / Juice / Milk	20 Spaghetti / Cookie Broccoli / Green beans / Carrots Fruit / Juice / Milk	21 Lunch Pizza Veggies Fruit / Juice / Milk
24 Lunch Hot dog Carrots / Potatoes Fruit / Juice / Milk	25 Lunch Ranch chicken strips Potatoes / Veggies Fruit / Juice / Milk	26 Lunch Nachos or tacos Beans / Corn Fruit / Juice / Milk	27 Hamburger Potatoes / Corn Fruit / Juice / Milk	28 Pizza Veggies Fruit / Juice / Milk
31 Corn dog Carrots / Potatoes Fruit / Juice / Milk				
	A healthy diet and exercise are KEY to being fit!	Breakfast Menu Nutrient AVG Calories 478 Sodium (mg) 465 Total Fat (g) 7.36 Saturated Fat (g) 3.24 Trans Fat* (g) 0.00	Lunch Menu Nutrient AVG Calories 619 Sodium (mg) 790 Total Fat (g) 14.24 Saturated Fat (g) 4.71 Trans Fat* (g) 0.00	

Assorted fruit, juice, fat-free chocolate and 1% white milk available for breakfast and lunch / Menu items subject to change due to availability. 



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